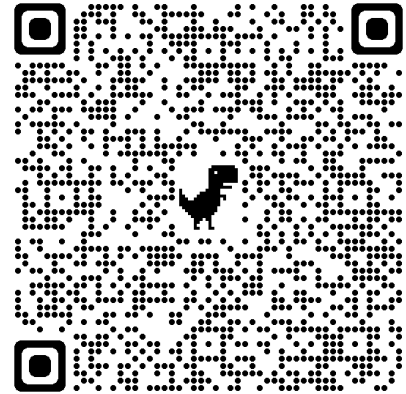


WHAT'S ON NEWMAINS



SCAN FOR MENU



Meeting Room Hire

Hot Desk Hire

Community
Support Projects



**CAB is
BACK!**



Mondays -

SWELS Chair Aerobics class 2-3pm
On pointe Dance class (kids classes) 4-8.45pm
Cozy Club Warm Space 3-8pm (winter only)
Garden Club Drop-In (11-1pm)

Tuesdays -

Digital Suite (laptop & Tablet Help in Cafe) 10-12pm
Clubbersize 6.30-7.30pm

Wednesdays -

Baby & Toddler play café 9.30-11.30am
Line dancers classes 7.30-9.30pm
Cozy Club Warm Space 3-8pm (winter only)

Thursdays -

Thursday Club Social Group 10-11am
Walking Group 11am-12.30pm
SWELS Tai Chi classes 2-3pm
NLC youth group 4-6pm
XS Taekwondo classes 6-7pm
UKTC Taekwondo classes 7-8pm
Garden Club Drop-In (11-1pm)
Crochet Class (6-10pm)

Fridays -

Baby & Toddler play café 9.30-11.30am
CAB Surgery 9.30 - 11.30am (3rd Friday on Month)
Art class 10-11.30am

Sundays -

Led Bike Ride to Perchy Pond - 11am - 1pm
scan here to join WhatsApp Group for the led cycles:

