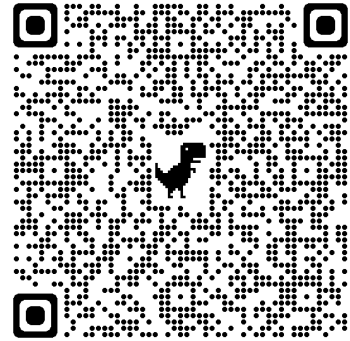


WHAT'S ON NEWMAINS



SCAN FOR MENU



BABY & TODDLER CAFE



Meeting Room Hire

Hot Desk Hire

Community
Support Projects



CAB is BACK!

Outreach
Surgeries are
back

beginning
Friday 16th June
9.30-11.30 am



Mondays -

SWELS Chair Aerobics class 2-3pm

NLC Youth group 4-9pm

On pointe Dance class (kids classes) 4-8.45pm

Cozy Club Warm Space 3-8pm (winter only)

Garden Club Drop-In (11-1pm)

Tuesdays -

Digital Suite (laptop & Tablet Help in Cafe) 10-12pm

Clubbersize 6.30-7.30pm

Wednesdays -

Baby & Toddler play café 9.30-11.30am

Line dancers classes 7.30-9.30pm

Cozy Club Warm Space 3-8pm (winter only)

Thursdays -

Thursday Club Social Group 10-11am

Walking Group 11am-12.30pm

SWELS Tai Chi classes 2-3pm

NLC youth group 4-6pm

XS Taekwondo classes 6-7pm

UKTC Taekwondo classes 7-8pm

Garden Club Drop-In (11-1pm)

Fridays -

Baby & Toddler play café 9.30-11.30am

CAB Surgery 9.30 - 11.30am (3rd Friday on Month)

Art class 10-11.30am

Sundays -

Led Bike Ride to Perchy Pond - 11am - 1pm

scan here to join WhatsApp Group for the led cycles:

